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Independence Of The Elderly In Fulfilling Daily Living Activities In Mongiilo Village, Bulango Ulu District (Case Study At Muhammadiyah University Of Gorontalo)

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Abstract. Elderly is an advanced stage of a life process that will be experienced by all individuals. Every individual will experience an aging process characterized by decreased independence so that the elderly need a support system to improve the quality of health and fulfillment of daily activities. The purpose of this study was to determine the Relationship of Family Health Tasks with Elderly Independence in Fulfilling Activity of Daily Living in Mongiilo Village, Bulango Ulu District. This type of research uses a quantitative research type with a Cross Sectional approach. The population is patients who experience decreased independence and the sample in this study was 34 respondents with accidental sampling. The instrument in this study used a questionnaire to see family health tasks and the Bathel Index questionnaire to see the independence of the elderly. The results showed that and independent elderly namely 24 respondents (47.1%) dependent elderly independence namely 18 respondents (52.9%) in Fulfilling Activity of Daily Living in Mongiilo Village, Bulango Ulu District. Increasing knowledge of family health tasks can be one strategy to reduce the level of independence in the elderly.

Keywords: Family health tasks, elderly independence, activity of daily living